

## **EXECUTIVE MEDICAL HEALTH CHECK - 2900/-**

### **HAEMOGRAM**

Complete blood count with ESR

Blood grouping and RH typing

### **SUGAR CHECK**

FBS

PPBS

### **KIDNEY CHECK**

Blood urea & Serum Creatinine

Serum Uric Acid

Urine Routine Examination

### **CHOLESTEROL CHECK (LIPID PROFILE)**

Total Cholesterol

LDL Cholesterol

HDL Cholesterol

Triglycerides

### **LIVER FUNCTION TESTS**

Serum Bilirubin-Total & Direct

AST (SGOT)

ALT (SGPT)

Total Protein

Albumin

Globulin

Alkaline phosphatase

### **THYROID CHECK**

TSH

### **HEART CHECK**

ECG

### **CHEST X-RAY**

### **PFT - SPIROMETRY**

### **PHYSICIAN CONSULTATION**

# **EXECUTIVE MEDICAL HEALTH CHECK & HEART CHECK**

**-4900/-**

## **HAEMOGRAM**

Complete blood count with ESR

Blood grouping and RH typing

## **SUGAR CHECK**

FBS

PPBS

## **KIDNEY CHECK**

Blood urea & Serum Creatinine

Serum Uric Acid

Urine Routine Examination

## **CHOLESTEROL CHECK (LIPID PROFILE)**

Total Cholesterol

LDL Cholesterol

HDL Cholesterol

Triglycerides

## **LIVER FUNCTION TESTS**

Serum Bilirubin-Total & Direct

AST (SGOT)

ALT (SGPT)

Total Protein

Albumin

Globulin

Alkaline phosphatase

## **THYROID CHECK**

TSH

## **CHEST X- RAY**

## **PFT - SPIROMETRY**

## **PHYSICIAN CONSULTATION**

## **HEART CHECK**

ECG

Echocardiogram

TMT

## **CARDIOLOGY CONSULTATION**

## **EXECUTIVE DIABETIC HEALTH CHECK – 3700/-**

### **HAEMOGRAM**

Complete blood count with ESR

### **SUGAR CHECK**

FBS

PPBS

HbA<sub>1</sub>C

### **KIDNEY CHECK**

Blood urea & Serum Creatinine

Urine Routine Examination

Urine Micro Albumin

### **CHOLESTEROL CHECK (LIPID PROFILE)**

Total Cholesterol

LDL Cholesterol

HDL Cholesterol

Triglycerides

### **LIVER FUNCTION TESTS**

Serum Bilirubin-Total & Direct

AST (SGOT)

ALT (SGPT)

Total Protein

Albumin

Globulin

Alkaline phosphatase

### **THYROID CHECK**

TSH

### **CHEST X- RAY**

### **PFT – SPIROMETRY**

### **DIABETIC EYE CHECK**

By Ophthalmologist & Optometrists

### **DIABETIC FOOT CHECK**

Biothesiometry

Vascular Doppler

Foot imprinter

### **HEART CHECK**

ECG

### **PHYSICIAN CONSULTATION**

### **DIET ADVICE BY EXPERIENCED DIETICIAN**

# **EXECUTIVE DIABETIC HEALTH CHECK & HEART CHECK**

- **5700/-**

## **HAEMOGRAM**

Complete blood count with ESR

## **SUGAR CHECK**

FBS

PPBS

HbA<sub>1</sub>C

## **KIDNEY CHECK**

Blood urea & Serum Creatinine

Urine Routine Examination

Urine Micro Albumin

## **CHOLESTEROL CHECK (LIPID PROFILE)**

Total Cholesterol

LDL Cholesterol

HDL Cholesterol

Triglycerides

## **LIVER FUNCTION TESTS**

Serum Bilirubin-Total & Direct

AST (SGOT)

ALT (SGPT)

Total Protein

Albumin

Globulin

Alkaline phosphatase

## **THYROID CHECK**

TSH

## **CHEST X- RAY**

## **PFT - SPIROMETRY**

## **DIABETIC EYE CHECK**

By Ophthalmologist & Optometrists

## **DIABETIC FOOT CHECK**

Biothesiometry

Vascular Doppler

Foot imprinter

## **HEART CHECK**

ECG

Echocardiogram, TMT

## **PHYSICIAN CONSULTATION**

## **CARDIOLOGY CONSULTATION**

## **DIET ADVICE BY EXPERIENCED DIETICIAN**

## **STANDARD MEDICAL HEALTH CHECK UP- 1200/-**

### **HAEMOGRAM**

Complete Blood Count with ESR

### **SUGAR CHECK**

FBS

PPBS

### **KIDNEY CHECK**

Blood Urea

Serum Creatinine

### **LIVER FUNCTION TESTS**

Serum Bilirubin-Total & Direct

AST (SGOT)

ALT (SGPT)

Total Protein

Albumin

Globulin

Alkaline phosphatase

### **CHOLESTEROL CHECK (LIPID PROFILE)**

Total Cholesterol

LDL Cholesterol

HDL Cholesterol

Triglycerides

### **THYROID CHECK**

TSH

### **HEART CHECK**

ECG

## **STANDARD DIABETIC HEALTH CHECK UP - 1400/-**

### **SUGAR CHECK**

FBS

PPBS

HbA<sub>1</sub>C

### **KIDNEY CHECK**

Blood Urea

Serum Creatinine

Urine Microalbumin

### **LIVER FUNCTION TESTS**

Serum Bilirubin-Total & Direct

AST (SGOT)

ALT (SGPT)

Total Protein

Albumin

Globulin

Alkaline phosphatase

### **CHOLESTEROL CHECK (LIPID PROFILE)**

Total Cholesterol

LDL Cholesterol

HDL Cholesterol

Triglycerides

### **THYROID CHECK**

TSH

### **HEART CHECK**

ECG

### **FOOT CHECK**

Biothesiometry

Vascular Doppler

### **EYE CHECK**

Ophthalmology Consultation

## **STANDARD MEDICAL HEALTH & HEART CHECK – 3200/-**

### **HAEMOGRAM**

HB%, TC, DC, ESR

### **SUGAR CHECK**

FBS

PPBS

### **KIDNEY CHECK**

Blood Urea

Serum Creatinine

### **LIVER FUNCTION TESTS**

Serum Bilirubin-Total & Direct

AST (SGOT)

ALT (SGPT)

Total Protein

Albumin

Globulin

Alkaline phosphatase

### **CHOLESTEROL CHECK (LIPID PROFILE)**

Total Cholesterol

LDL Cholesterol

HDL Cholesterol

Triglycerides

### **THYROID CHECK**

TSH

### **HEART CHECK**

ECG

Echocardiogram

TMT

### **PHYSICIAN CONSULTATION**

### **CARDIOLOGY CONSULTATION**

## **STANDARD DIABETIC HEALTH & HEART CHECK - 3400/-**

### **SUGAR CHECK**

FBS

PPBS

HbA<sub>1</sub>C

### **KIDNEY CHECK**

Blood Urea

Serum Creatinine

Urine Microalbumin

### **LIVER FUNCTION TESTS**

Serum Bilirubin-Total & Direct

AST (SGOT)

ALT (SGPT)

Total Protein

Albumin

Globulin

Alkaline phosphatase

### **CHOLESTEROL CHECK (LIPID PROFILE)**

Total Cholesterol

LDL Cholesterol

HDL Cholesterol

Triglycerides

### **THYROID CHECK**

TSH

### **EYE CHECK**

Ophthalmology Consultation

### **FOOT CHECK**

Biothesiometry

Vascular Doppler

### **HEART CHECK**

ECG

Echocardiogram

TMT

### **PHYSICIAN CONSULTATION**

### **CARDIOLOGY CONSULTATION**

### **DIET ADVICE BY EXPERIENCED DIETICIAN**